

Influence of Follicular Fluid on *in Vitro* Maturation and Fertilization of Bovine Oocytes

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Abstract

The aim of this study was to investigate the effect of time on *in vitro* maturation of bovine oocytes and of the addition of follicular fluid on meiotic progression. The cumulus-oocyte complexes (COCs) collected from 3 to 6 mm follicles were obtained from ovaries of slaughtered female animals. The medium of maturation was supplemented or not with 20 μ L follicular fluid (FF); 661 oocytes were matured *in vitro* (extrusion of the first polar corpuscle) for 22 hours with added follicular fluid (AFF) (72.01%) or without follicular fluid (WFF) (67.53%) and 679 oocytes were matured *in vitro* for 26 hours (extrusion of the first polar corpuscle) with AFF (92.1%) and WFF (77.15%). The results of extrusion of the second polar corpuscle as an event related to the fertilization percentages showed that the increase in the fertilization rate is maintained at 26 hours with AFF (79.45%), but the percentage decreases WFF (65.08%). After 22 hours, the fertilization rate was 62.38% AFF and 53.40% WFF. The developmental competence of bovine oocytes is affected by the duration of maturation *in vitro* and the inclusion in the FF culture medium. The use of follicular fluid in the *in vitro* maturation medium may be a biological strategy to increase the cumulus expansion, the nuclear maturation and the *in vitro* fertilization.

Keywords

Oocyte, *In Vitro* Maturation, *In Vitro* Fertilization, Follicular Fluid, Bovine

1. Introduction

It is known that a common *in vitro* maturation and fertilization strategy involves recovering bovine ovaries from the slaughterhouse and that these ovaries are in

different stages of the oestrous cycle [1] [2]. Therefore, the developmental competence varies according to the oocyte quality [3]. The competence of oocyte maturation is influenced by several factors, such as ovarian status, follicle size, collection method, oocyte quality, culture conditions, aspiration pressure during collection, and time between collection and processing [4]. The quality of the oocytes is determined by their ability to mature, be fertilized, and give rise to normal offspring [5] [6]. Other important factors are transport temperature from slaughterhouse to laboratory, maturation time [7] and hormones [8]. These factors can affect the possibility of *in vitro* maturation of oocytes [9]. The ability of a mature oocyte to overcome the stages of fertilization and embryo development is called oocyte development capacity, and it is an intrinsic measure of its quality [6] [10]. *In vitro* matured oocytes have lower developmental competence than *in vivo* matured oocytes in part due to the inadequate *in vitro* environment that supports the full development of maturation [11] [12] [13]. There is a competition between oocytes, which is defined as the ability of an oocyte to develop throughout the different embryo stages *in vitro*. This ability has been examined in relation to follicular diameter because it is the first criterion used for the selection of oocytes for *in vitro* fertilization [10] [14] [15]. Most cumulus-oocyte complexes (COCs) collected from 3 to 6 mm follicles appear to mature *in vitro*, but many are not capable of producing blastocysts [6] [16] [17]. In addition, the FF is a vascular compartment within the mammalian ovary, separated from the perifollicular stroma by the follicular wall, which constitutes a blood-follicle barrier [18]. Since the resumption of meiosis and cytoplasmic maturation of bovine oocytes takes place in close association with FF, it would be logical to assume that fluid might be a perfect maturation medium [19] [20]. This fluid is composed of locally produced substances within the follicle, which are related to the metabolism of follicular cells [21]. The FF is the product of the transfer of blood plasma components through the blood-follicular barrier and of the metabolism of theca and granulosa cells [22] [23]. It corresponds to a complex mixture of electrolytes, proteins, hormones, such as testosterone, estradiol-17 β (E2), and progesterone (P4), growth factors, nutrients and other molecules [24] [25] [26]. It is a slightly viscous solution with pH 7.4 [24]. The FF maintains a proper environment for the growth and maturation of oocytes, besides meeting the nutritional requirements of the growing oocytes [27].

2. Materials and Methods

Ovary collection and follicle classification:

A total of 400 ovaries were obtained on different days reaching 25 repetitions. *In situ*, the ovaries of the female reproductive tract were sectioned and placed in a thermos containing sterile saline and antibiotics (100 IU/cm³ penicillin, 100 mg/cm³ streptomycin) at 36°C. Then, they were transported to the laboratory within 30 min after the animals were slaughtered. Oocyte aspiration was performed with a 5 or 10 cm³ syringe and an 18 G sterile hypodermic needle. Then

the follicular fluid was stored in a 15 cm³ Falcon tube in a thermostatic bath at 34°C and, after decanting for a few minutes, they were placed in Petri dishes for observation. The oocytes were selected using a magnifying glass by evaluating their general appearance, cytoplasm, and the cumulus cells that surrounded them. Those oocytes that were completely surrounded by three or more compact layers of cumulus cells and presented homogenous ooplasm were classified as suitable and selected for *in vitro* maturation. By contrast, those that were surrounded by less than three strata of cumulus cells and non-compact cumulus and had heterogeneous or pyknotic ooplasm were classified as unsuitable (**Figure 1**).

Collection of follicular fluid

Based on the ovarian status or the follicular size, the follicular fluid (FF) was recovered from the antral follicle (10 - 15 mm) and centrifuged at 3000 rpm. The supernatant was collected, inactivated at 56°C for 30 min. [27] [28]. The harvested FF was stored frozen at -20°C in an Eppendorf tube containing 20 µL.

In vitro maturation

A total of 1340 oocytes were selected and washed three times in HEPES Tyrode's albumin-lactate-pyruvate (TALP) medium plus HEPES (25 mM/cm³) and 3 mg/cm³ bovine serum albumin (BSA). A minimum of 8 - 10 COCs were cultured into a Petri dish containing droplets of TCM-199 (50 µL) fortified with sodium pyruvate (0.2 mg/cm³), fetal calf serum (10% v/v), FSH (1 µg/cm³), LH (1 µg/cm³), E2 (1 µg/cm³) with added follicular fluid (AFF) (20 µL), n: 661 and without follicular fluid (WFF): n: 679, and gentamicin sulphate (50 µg/cm³) under sterile mineral oil. The medium was adjusted to pH 7.4 and an osmolarity of 295 ± 5 mOs/L. The microdroplets were prepared in sterile 60 mm disposable culture plates and covered with 6 ml of mineral oil. The COCs were incubated

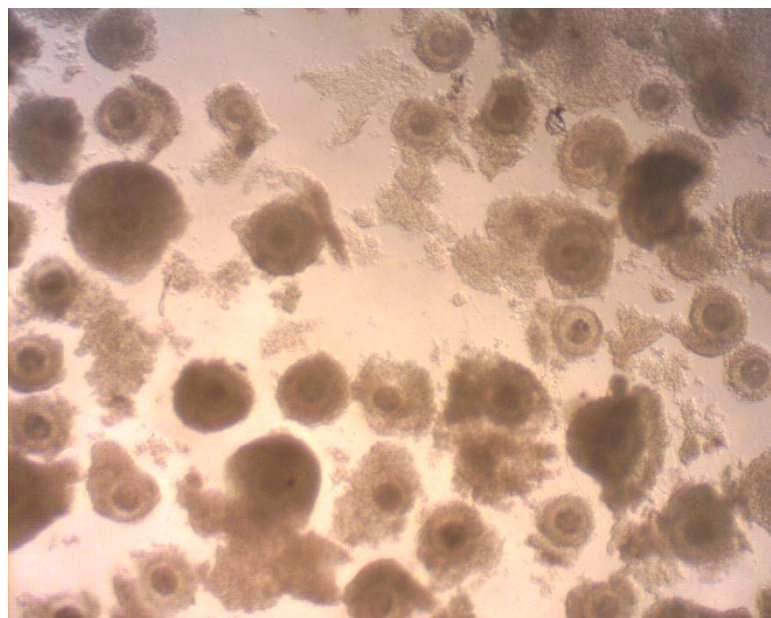


Figure 1. Obtention and classification oocytes.

for 22 or 26 hours at 38.5°C in a CO₂ incubator (5% CO₂ in air with 90% - 95% relative humidity). After the maturation period, the expansion rate (fully expanded cumulus-oocyte complexes) was recorded and considered cytoplasmic maturation according to [29] [30]. Then 10% of COCs from each experiment were used for staining to check for maturation, washed by PBS with hyaluronidase (1 mg/cm³), and vortexed for 10 minutes. Next, the denuded oocytes were fixed in ethanol: acetic acid (3:1 v/v) and stained with 1% aceto-orcein for microscopic evaluation at ×400 (Zeiss model Axiovert 135) of the first polar corpuscle and metaphase II. The oocytes that presented the first polar corpuscle and were in the metaphase II stage were considered mature.

In vitro fertilization

Spermatozoa were prepared from frozen-thawed semen and treated by the swim-up procedure in Hams medium for 1 hour. The pellet obtained after centrifugation of the supernatant was resuspended to a final concentration of 2×10^6 cm³ in the fertilization medium, consisting of Tyrode albumin lactate pyruvate supplemented with 0.2 mM penicillamine, 0.1 mM hypotaurine, and 0.01 mM heparin. Insemination was performed in 50 µL drops of fertilization medium under mineral oil (5 oocytes per drop) at 38.5°C under humidified 5% CO₂ in air (for 18 hours) [30]. The COCs were washed by PBS with hyaluronidase (1 mg/cm³) and vortexed for 10 minutes. Next, the denuded oocytes were fixed in ethanol: acetic acid (3:1 v/v) and stained with 1% aceto-orcein for microscopic evaluation at ×400 (Zeiss model Axiovert 135) to check for the appearance of the second polar corpuscle as evidence of fertilized oocytes.

Statistical analysis

For each of the three variables under analysis (oocytes with cumulus expansion, oocytes with extrusion of the first polar corpuscle, oocytes with extrusion of the second polar corpuscle IVF), tests of homogeneity of proportions were carried out for the four treatments performed using a Chi Square test with a significance level $\alpha = 5\%$. Once differences were detected, Chi Square tests of pairs of interest ratios were performed (AFF: 22 hours vs 26 hours; WFF: 22 hours vs 26 hours; AFF 22 hours vs WFF 22 hours and AFF 26 hours vs WFF 26 hours) adjusting the significance level to $\alpha/4$. InfoStat software was used [31]. The InfoStat software was used [31].

3. Results

The results showed of total oocytes, oocytes with extrusion of the first polar corpuscle, oocytes with cumulus expansion and fertilization rate (with extrusion of the second polar corpuscle). The percentage of cumulus expansion was 92.9%, the percentage of mature oocytes was 92.1% (extrusion of the first polar corpuscle), and the percentage of fertilization (extrusion of the second polar corpuscle) was 79.45%. The higher percentages of cumulus expansion, extrusion of the first polar corpuscle, and extrusion of the second corpuscle showed maturation, and fertilization of the oocyte after 26 hours of culture with the addition of follicular fluid (Table 1).

Table 1. Total oocytes, cumulus expansion, maturation rate, and fertilization rate.

Recovered oocytes	Oocytes with cumulus expansion	Oocytes with extrusion of the first polar corpuscle	Oocytes with extrusion of the second polar corpuscle IVF
341 AFF (22 hours)	63.92% (218)	72.01% (157)	62.38% (136)
320 WFF (22 hours)	59.68% (191)	67.53% (129)	53.40% (102)
356 AFF (26 hours)	92.9% (331)	92.1% (305)	79.45% (263)
323 WFF (26 hours)	71.82% (232)	77.15% (179)	65.08% (151)

After the analysis of the 3 variables, using the Chi square test of homogeneity of variances, differences between treatments were detected in all of them.

After making four comparisons (adjusting the alpha):

- 1) AFF—22 hours vs 26 hours (for AFF 22 hours and 26 hours were compared), in all variables differences were detected.
- 2) WFF—22 hours vs 26 hours (for WFF 22 hours and 26 hours were compared), in all variables differences were detected.
- 3) AFF—22 hours vs WFF 22 hours, in none of the variables differences were detected.
- 4) AFF—26 hours vs WFF 26 hours in all the variables differences were detected (**Figures 2-5**).

4. Discussion

Mammals contain follicles that are in different stages of development, and only a small proportion of them will be used during the animal's reproductive life. The collection of oocytes recovered from slaughterhouse ovaries or live animals make it possible to recover and profit from non-ovulatory follicles, which under physiological conditions could turn into atretic follicles. The most economical and common way to obtain oocytes is from slaughterhouse ovaries. Accordingly, there is robust knowledge about the factors that affect the collection of ovaries. [6] [32].

The relationship between suitable and unsuitable oocytes per ovary is directly associated with three variables: ovary collection and transport, the methods and instruments used to obtain the oocytes, and the correct selection criteria. Thus, the adequate training of the operator and the quality and origin of the original material (ovaries) are important in evaluating results [33].

In vitro maturation systems must ensure that the resulting oocyte normally completes the first reductional division and is capable of being fertilized, giving rise to a competent zygote that can continue its development after transfer [33].

Reference [34] described many aspects of oocyte maturation that should be considered during their cultivation: nuclear maturation, the ability to be fertilized,

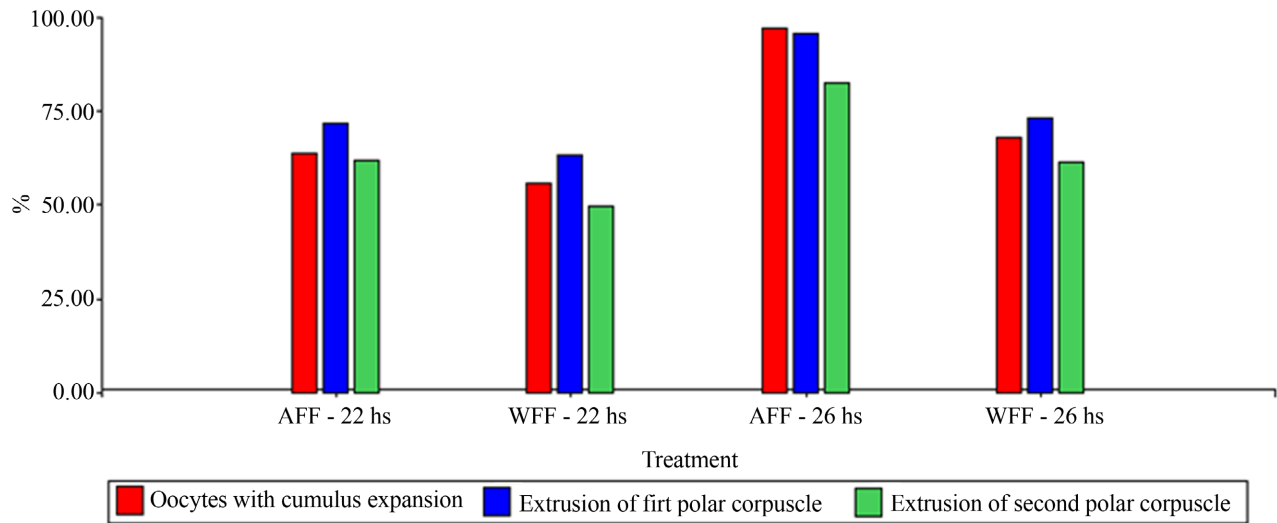


Figure 2. Total oocytes, cumulus expansion, maturation rate, and fertilization rate.

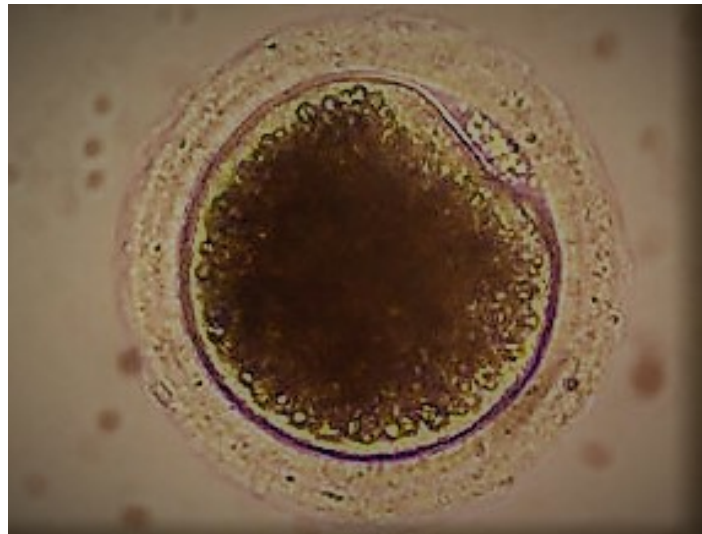


Figure 3. *In vitro* maturation: Oocytes with extrusion of the first polar corpuscle.



Figure 4. Metaphase II and extrusion of the first polar corpuscle: stained with 1% aceto-orcein.

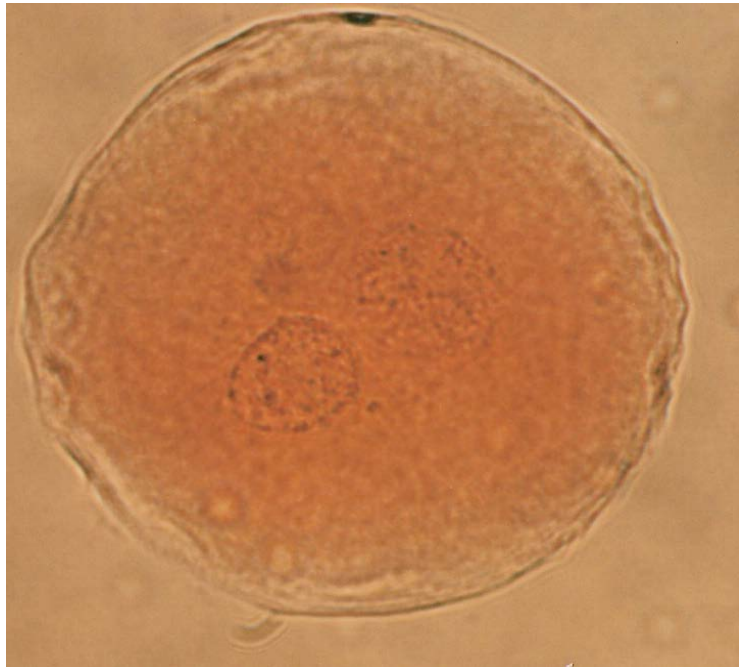


Figure 5. *In vitro* fertilization: Extrusion second polar corpuscle and pronuclei: stained with 1% aceto-orcein.

and the ability to continue their development. Reference [4] stated that the competence of oocyte maturation is influenced by several factors such as ovarian status, follicle size, collection method, oocyte quality, culture conditions, and time between collection and processing. According to our results and those of other researchers [20] [25] [26] [35] [36], other aspects to be taken into account are transport temperature from slaughterhouse to laboratory and aspiration pressure during collection, oocyte quality [9] [37] [38], maturation time [39], culture medium with added follicular fluid that contains electrolytes, proteins, hormones such as testosterone, E_2 and P_4 , growth factors, and nutrients [11] [40] [41].

As mentioned above, FF is the product of the transfer of blood plasma components through the blood-follicular barrier and of the metabolism of theca and granulosa cells [23] [24]. It corresponds to a complex mixture of electrolytes, proteins, hormones, growth factors, steroids, nutrients and other molecules [20] [24] [25] [35] and it maintains a proper environment for growth and maturation of oocytes, while meeting the nutritional requirements of the growing oocytes [26]. According other results [40], the addition of follicular fluid to the medium yielded 78.7% maturation, as opposed to media supplemented with fetal bovine serum, which resulted in 69.3% maturation. Reference [42] in pigs showed that the FF promoted cumulus expansion (84%) and male pronucleus formation (62%) of *in vitro* fertilized and matured oocytes.

The authors of other studies in pigs and cattle have reported that the supplementation of the media with FF can promote the maturation and/or fertilization of oocytes and their subsequent embryonic development [43] [44]. However, it

should be mentioned that most of these studies have been carried out with media in the presence of serum or hormones, so the results obtained would not necessarily reflect the effect of FF, which could be masked by the action of these other components [45].

5. Conclusion

Despite the different opinions, our results showed that the effects can be observed after 26 hours of *in vitro* maturation with the AFF (extrusion of the first polar corpuscle), with a maturation percentage of 92.1% and a fertilization percentage (extrusion of the second polar corpuscle) of 79.45%. Concerning the oocytes incubated for 26 hours in a non-supplemented maturation medium, the WFF (extrusion of the first polar corpuscle) was 77.15% and the fertilization percentage (extrusion of the second polar corpuscle) was 65.08%. The incorporation of FF to the maturation medium satisfies the nutritional needs of the growing oocytes. The addition of FF may be a biological strategy for development *in vitro* embryos.

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Conflicts of Interest

The authors declare no conflicts of interest regarding the publication of this paper.

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